



“If the ability and drive are within, anything is possible”

It can be extremely frustrating when players with exceptional ability are held back due to skating deficiencies that can easily be fixed. Through supportive training and collaboration with management, coaches, trainers, and agents, I will get your players exactly where they need to be.

WORK WITH ME

Are you a General Manager, Scout or Agent looking to improve player or team performance?

vanessa@vanessahettinger.com
vanessahettinger.com

IN THE MEDIA

<https://amshockey.com/article/americans-add-ty-rimmer-vanessa-hettinger-to-coaching-staff>

<https://scbroncos.com/video/vanessa-hettinger-guests-at-broncos-practice>

<https://www.tsn.ca/radio/edmonton-1260/hettinger-acceleration-is-from-the-core-not-the-feet-1.1732206>

<https://theeverydaymillionaire.ca/find-your-edge/>

https://www.nbcrightnow.com/archives/ams-power-up-at-rookie-game/article_576b71a7-7623-521f-bc-cd-c5c9fed78381.html

<https://www.youtube.com/watch?v=6TX60oZwP-KY&t=6s>

<https://www.youtube.com/watch?v=oL0lkmgjwS4>

<https://www.cbc.ca/player/play/2675008228>

<https://www.youtube.com/watch?v=oL0lkmgjwS4>

VANESSA Hettinger

Helping Players & Teams Win

EXPERIENCE & ACHIEVEMENTS

- Trained and provided mentorship to over 20,000 students, staff, and consultants
- Won three WHL championships as Skating Coach with three WHL organizations:
 - Edmonton Oil Kings (2007-2016)
 - Tri-City Americans (2007-2016)
 - Swift Current Broncos (2017-2018)
- Won Memorial Cup as Skating Coach for the Edmonton Oil Kings in 2014
- Trained over 50 instructors over the last 20 years
- Presented to hundreds of skills coaches, hockey coaches, teachers, and instructors for Hockey Canada (National Coach Mentorship Program in 2022, 2012 and 2011, the NCMP/NCCP Instructional Stream Training Seminar in 2017 & 2014)
- Presented at Skate Canada's National ice Summit (2019)

HOCKEY & SKATING DEVELOPMENT CAREER

- Played for University of Alberta Pandas
- Captain of multiple Gold Medal Teams
- Certified Master Coach Developer with the Canadian Association of Coaches (NCCP)
- Master Skating Coach, Hockey Canada
- Leading Facilitator for Skate Canada
- Leading Evaluator for Skate Canada
- General Manager & Master Instructor of Quantum Speed High Performance Skating Systems, (2002-2022)

PLAYERS I'VE WORKED WITH

I've had the opportunity to work with players through numerous organizations, teams, and agents, at various stages in their development.

[See the list here](#)